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Arts & Health South West

www.ahsw.org.uk

National Alliance for Arts, Health and Wellbeing

www.artshealthandwellbeing.org.uk

All Party Parliamentary Group on Arts, Health and Wellbeing

www.artshealthandwellbeing.org.uk/appg



ALL PARTY PARLIAMENTARY GROUP



The All Party Parliamentary Group for Arts, Health and Wellbeing was launched in January 2014. Peers and MPs with a shared interest in the field of arts and health come together for regular events to hear about and discuss the latest developments relevant to current policy priorities.

The first Officers of the APPG were:

- Co-Chair: Rt Hon Paul Burstow MP (Liberal Democrats)
- Co-Chair: Rt Hon Lord Howarth of Newport CBE (Labour)
- Co-Chair: Sarah Newton MP (Conservative)
- Vice-Chair: Dr Sarah Wollaston MP (Conservative)
- Vice-Chair: Rt Hon Frank Dobson MP

Following the General Election in May 2015 the APPG on Arts, Health and Wellbeing was re-convened and the first AGM in the new parliament was on June 22nd 2015. The following Officers were elected:

- Chair and Registered Contact: Jason McCartney MP (Conservative)
- Co-Chair: Rt Hon. Lord Howarth of Newport (Labour)
- Vice-Chair: Rt Hon. Fiona Mactaggart MP (Labour)
- Treasurer: Maggie Throup MP (Conservative)

At the AGM on 11th July 2016 the following Officers were elected:

- Chair and Registered Contact: Jason McCartney MP (Conservative)
- Co-Chair: Rt Hon. Lord Howarth of Newport (Labour)
- Vice-Chair: Rt Hon. Fiona Mactaggart MP (Labour)
- Treasurer: Baroness Andrews OBE (Labour)

Following the General Election in June 2017 the APPG on Arts, Health and Wellbeing was re-convened and the first AGM in the new parliament was on 28th June 2017. The following Officers were elected:

- Chair and Registered Contact: Rt Hon. Ed Vaizey MP (Conservative)
- Co-Chair: Rt Hon. Lord Howarth of Newport (Labour)
- Vice-Chair: Chris Ruane MP (Labour)
- Treasurer: Baroness Andrews OBE (Labour)

Annual reports, including financial statements, and minutes from the 2015 and 2016 AGMs can be downloaded below.

Since its inception the APPG on Arts, Health and Wellbeing has hosted a number of events and you can find out more information about each of them [here](#).

In November 2015 the APPG launched a two year Arts, Health and Wellbeing Inquiry in collaboration with King's College London and in partnership with Guy's and St Thomas's Charity and the Royal Society for Public Health Special Interest Group on Arts, Health and Wellbeing. The Inquiry is funded by the Paul Hamlyn Foundation and the Wellcome Trust. You can download the Inquiry document [here](#). A Call for Practice Examples to inform the Inquiry ended on 19th August 2016. You can find out more about the Call [here](#). The Inquiry Report, Creative Health: The Arts for Health and Wellbeing, will be launched in Parliament on 19th July 2017 and at Manchester Metropolitan University on 21st July and will be available here:<http://www.artshealthandwellbeing.org.uk/appg/inquiry>



FD LIKE TO

Find out more Not sure what it's all about? Check out the [What is arts in health?](#) section and be inspired by some of the examples. Read the newly published charter for the National Alliance for Arts Health and Wellbeing [here](#).

Does it really work? Take a look at the [evidence](#).

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*All-Party Parliamentary Group
on Arts, Health and Wellbeing*

Creative Health: The Arts for Health and Wellbeing



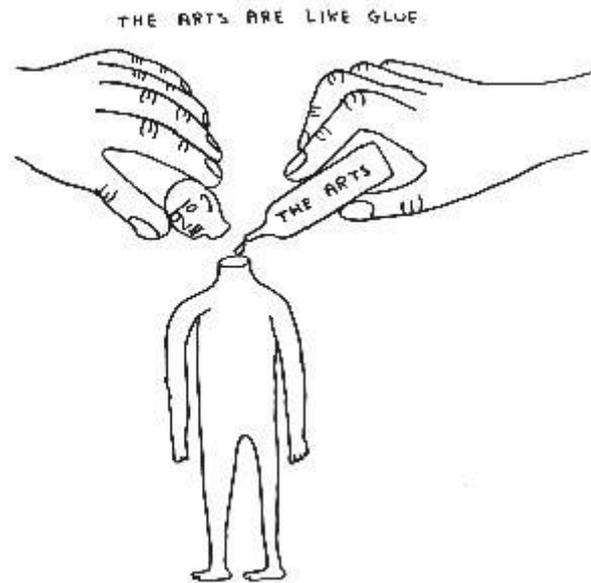
The All-Party Parliamentary Group on Arts, Health and Wellbeing (APPGAHW) was formed in 2014 and aims to improve awareness of the benefits that the arts can bring to health and wellbeing. During 2015–17, the APPGAHW conducted an Inquiry into practice and research in the arts in health and social care, with a view to making recommendations to improve policy and practice. Our partners in this Inquiry have been the National Alliance for Arts, Health and Wellbeing, King’s College London, the Royal Society for Public Health and Guy’s and St Thomas’ Charity. We are extremely grateful to our funders, Wellcome, Paul Hamlyn Foundation and the Arts and Humanities Research Council.



SING YOUR SONG

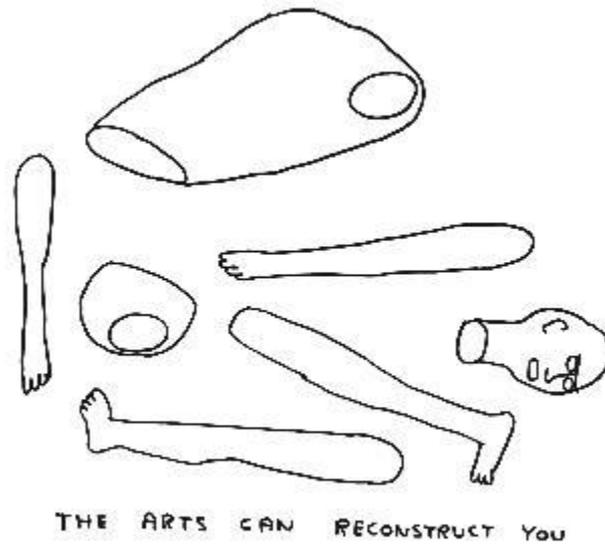
Key Messages

- **The arts can help keep us well, aid our recovery and support longer lives better lived**
- **The arts can help meet major challenges facing health and social care: ageing, long-term conditions, loneliness and mental health**
- **The arts can help save money in the health service and social care**



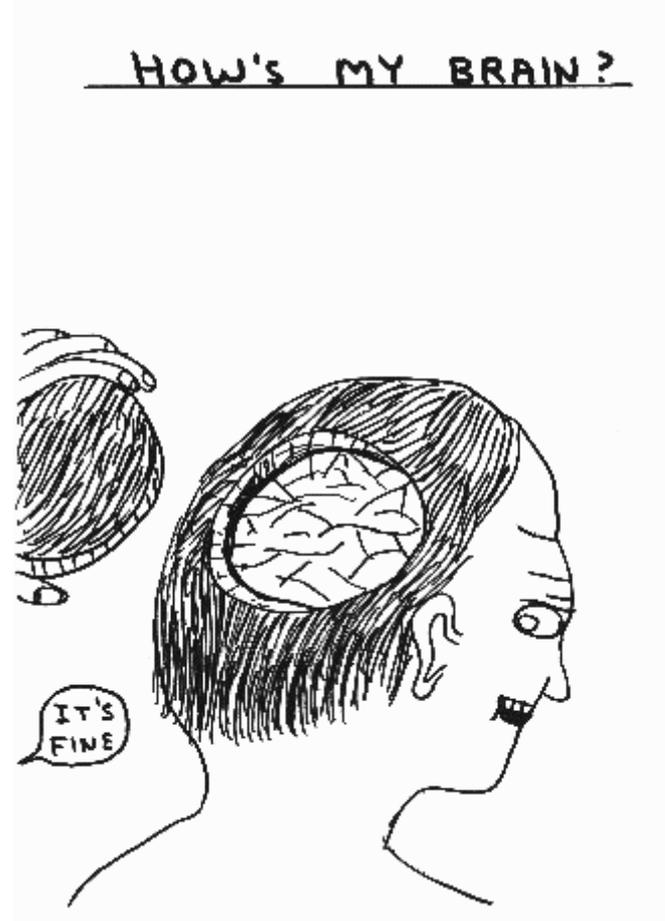
RECOMMENDATION 2

We recommend that the Secretaries of State for Culture, Media and Sport, Health, Education and Communities and Local Government develop and lead a cross-governmental strategy to support the delivery of health and wellbeing through the arts and culture.



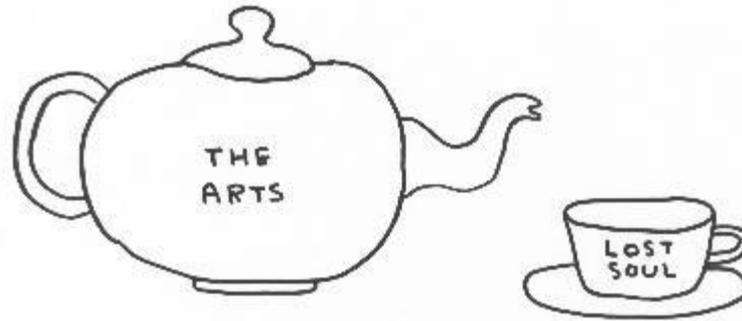
RECOMMENDATION 3

We recommend that, at board or strategic level, in NHS England, Public Health England and each clinical commissioning group, NHS trust, local authority and health and wellbeing board, an individual is designated to take responsibility for the pursuit of institutional policy for arts, health and wellbeing.



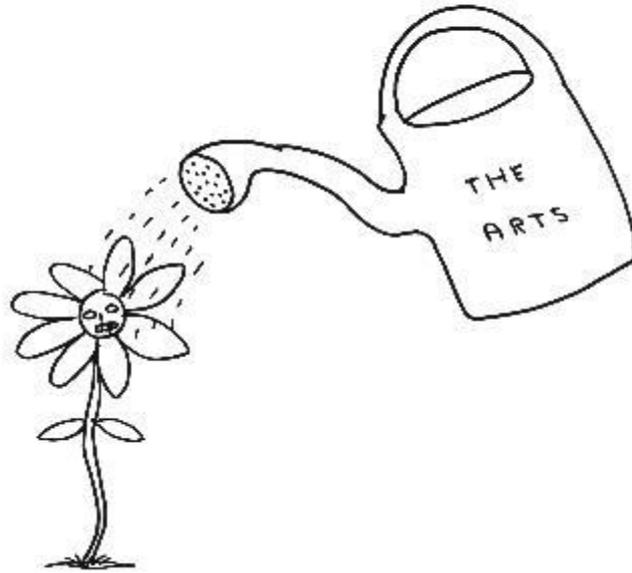
RECOMMENDATION 4

We recommend that those responsible for NHS New Models of Care and Sustainability and Transformation Partnerships ensure that arts and cultural organisations are involved in the delivery of health and wellbeing at regional and local level.



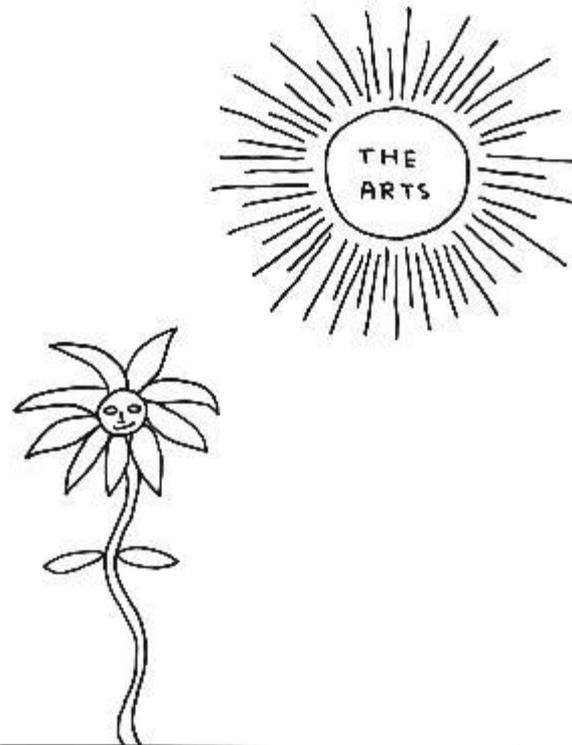
RECOMMENDATION 5

We recommend that Arts Council England supports arts and cultural organisations in making health and wellbeing outcomes integral to their work and identifies health and wellbeing as a priority in its 10-year strategy for 2020–2030.



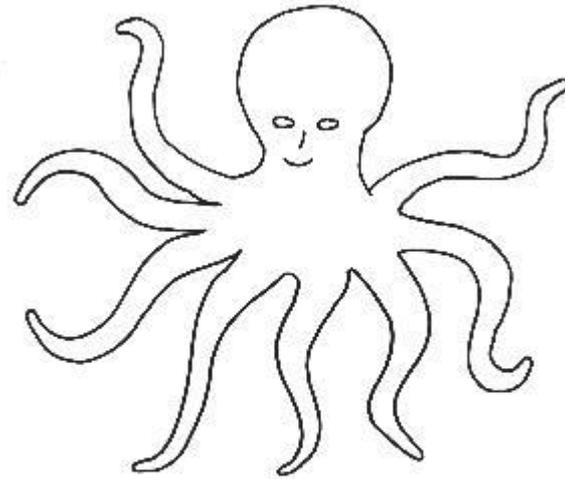
RECOMMENDATION 6

We recommend that NHS England and the Social Prescribing Network support clinical commissioning groups, NHS provider trusts and local authorities to incorporate arts on prescription into their commissioning plans and to redesign care pathways where appropriate.



RECOMMENDATION 7

We recommend that Healthwatch, the Patients Association and other representative organisations, along with arts and cultural providers, work with patients and service users to advocate the health and wellbeing benefits of arts engagement to health and social care professionals and the wider public.



DANCING HELPS

RECOMMENDATION 8

We recommend that the education of clinicians, public health specialists and other health and care professionals includes accredited modules on the evidence base and practical use of the arts for health and wellbeing outcomes. We also recommend that arts education institutions initiate undergraduate and postgraduate courses and professional development modules dedicated to the contribution of the arts to health and wellbeing.

RECOMMENDATION 9

We recommend that Research Councils UK and individual research councils consider an interdisciplinary, cross-council research funding initiative in the area of participatory arts, health and wellbeing, and that other research-funding bodies express willingness to contribute resources to advancement of the arts, health and wellbeing evidence base. We recommend that commissioners of large-scale, longterm health surveys include questions about the impacts of arts engagement on health and wellbeing.

RECOMMENDATION 10

We recommend that the National Institute for Health and Care Excellence regularly examines evidence as to the efficacy of the arts in benefiting health, and, where the evidence justifies it, includes in its guidance the use of the arts in healthcare.

ART HELPS YOU SEE



RECOMMENDATION 1

We recommend that leaders from within the arts, health and social care sectors, together with service users and academics, establish a strategic centre, at national level, to support the advance of good practice, promote collaboration, coordinate and disseminate research and inform policy and delivery. We appeal to philanthropic funders to support this endeavour. We hope that the centre will also have the support of Arts Council England, NHS England and Public Health England as well as the Local Government Association and other representative bodies.

All-Party Parliamentary Group
on Arts, Health and Wellbeing

Creative Health: The Arts for Health and Wellbeing



The All-Party Parliamentary Group on Arts, Health and Wellbeing (APPGAHW) was formed in 2014 and aims to improve awareness of the benefits that the arts can bring to health and wellbeing. During 2015-17, the APPGAHW conducted an Inquiry into practice and research in the arts in health and social care, with a view to making recommendations to improve policy and practice. Our partners in this Inquiry have been the National Alliance for Arts, Health and Wellbeing, King's College London, the Royal Society for Public Health and Guy's and St Thomas' Charity. We are extremely grateful to our funders, Wellcome, Paul Hamlyn Foundation and the Arts and Humanities Research Council.

Report

The Inquiry Report, *Creative Health: The Arts for Health and Wellbeing*, presents the findings of two years of research, evidence-gathering and discussions with patients, health and social care professionals, artists and arts administrators, academics, people in local government, ministers, other policy makers and parliamentarians from both Houses of Parliament.

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Short Report

The Short Report presents a summary in 16 pages. It includes the Key Messages, Recommendations and Next Steps from the full report. A number of service users and expert patients contributed to the Inquiry, many of whom returned to take part in a focus group attended by the artist, David Shrigley. David's drawings illustrate the Short Report and this webpage.

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Podcasts

As part of the Inquiry process, more than 300 people from all parts of the country took part in round tables and meetings in the Houses of Parliament. We would particularly like to acknowledge those who have been so generous in telling us of their own personal experiences of how the arts have benefited their health and wellbeing. Five service users and expert patients were recorded in conversation with Baroness Young of Hornsey to create these podcasts.



SING YOUR SONG

Arthur



Gilly



Jason B



Jason S



Thomson



Videos

Four service users and expert patients were filmed in conversation with Lord Howarth of Newport to create these videos.

ART HELPS YOU SEE



Keith

Video interview with Keith



Di

Video interview with Di



Eva

Video interview with Eva



Shaun

Video interview with Shaun

Policy Briefings

The All-Party Parliamentary Group on Arts, Health and Wellbeing has developed policy briefings in collaboration with the Association of Directors of Public Health, Local Government Association, National Council for Voluntary Organisations, Social Care Institute for Excellence and What Works Centre for Wellbeing.



Creative Health: The Arts for Health and Wellbeing Report



Local Government Support for Health and Wellbeing through the Arts and Culture



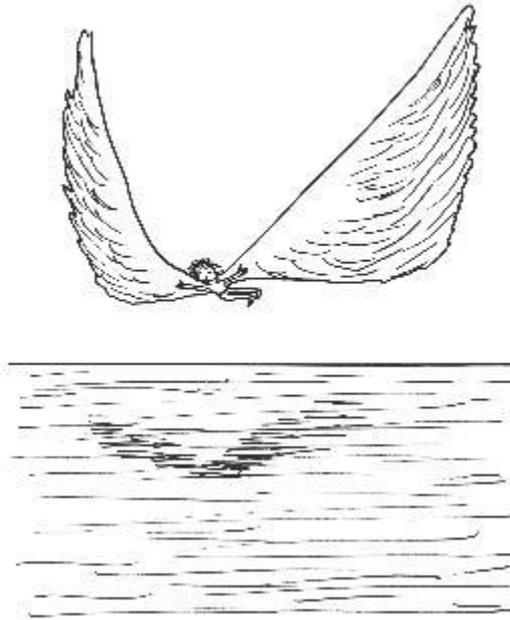
The Role of the Arts and Culture in Social Care



Arts Engagement and Wellbeing



THE ARTS



“Art helps us access and express parts of ourselves that are often unavailable to other forms of human interaction. It flies below the radar delivering nourishment for our soul and returning with stories from the unconscious. A world without art is an inhuman world. Making and consuming art lifts our spirits and keeps us sane. Art like science and religion helps us make meaning from our lives, and to make meaning is to make us feel better.”

Grayson Perry, Artist